

DISASTER PREPAREDNESS

Supplies to Have at Home Before Disaster Strikes

In the event of a widespread disaster, officials estimate it may take 72 hours for help to arrive.

Compiled by the San Diego Union-Tribune, here are some items emergency officials suggest including in a three-day stock of essential home supplies. For storage, it is recommended to use a new, covered trash receptacle or a large duffel bag.

FOOD



Ready-to-eat canned meats, fruits, vegetables and juices



Baby Food



Vitamins



Staples, salt, sugar & spices



Comfort foods such as crackers & candy

SANITATION



Bleach, detergent, and disinfectant



Personal hygiene products, wipes & soap

Feminine Supplies



Plastic garbage bags & ties for personal sanitation uses



Plastic bucket with tight lid

Fidelity National Title

Promotional Material designed, created, and produced by FNTC Regional Marketing Department in Southern California.